

Postdoctoral Fellowships in Health

Presented by: Anna E. Epperson
Health Psychology Colloquium
Spring 2016

The 3 Basic Types of Postdocs

1. Existing project, grant funded
2. Training program (also grant funded)
3. New project, apply for grant
 - Institution funded, goal specific?

Step 1: Determine what area

- Public health, medical, or psychology
- General vs. specific
 - Examples: Emotion regulation, health risk behaviors, stress perceptions, etc.

Step 2: Find relevant institutions

- Faculty with related research
- Centers/Institutes
- Government facilities
- Private industry

Step 3: Contact potential faculty





- Meeting at professional conferences
- Email
- Faculty advisor introductions(?)

Step 4: Find relevant positions

1. Professional organization listserves
2. Association for Psychological Science (APS)
postdoc exchange site: <http://www.psychologicalscience.org/index.php/post-doc-exchange>
3. Individual university websites
4. Word of mouth

elinc@sbm.org
 To: aging_sig@list.sbm.org, cancer_sig@list.sbm.org, childfamily_sig@list.sbm.org, caim_sig@list.sbm.org, diabetes@list.sbm.org, ebbm_sig@list.sbm.org, and
 Reply-To: elinc@sbm.org
 [Child and Family SIG] SBM's Weekly SIG Digest: March 4, 2016

SOCIETY of BEHAVIORAL MEDICINE
Better Health Through Behavior Change

Weekly Digest: News for SBM SIG Members

(This week's additions noted in red.)

Job Announcements
[Exercise Neuroscience and Multiple Sclerosis Research Postdoctoral Fellowship](#)
 OBSSR: [Health Scientist Administrator](#)
 Omada Health: [Clinical Quality Specialist](#)
 TOS Weight Watchers: [Postdoctoral Fellowship Program](#)
 University of Michigan: [Postdoctoral Research Fellowship](#)

SBM Announcements
 SBM Supports FDA Rule that would Ban Those Under 18 from Indoor Tanning – You Can Too
 Meet the SBM Presidents at SBM 2016 *Attendance Limited to First 64 People to RSVP
[Register](#) for SBM's 2016 Annual Meeting
 Vote for [New SBM Board Members, Bylaws Amendments](#) *Voting Ends March 10
 SBM Members Can Access [JAMIA Patient Engagement & Patient-Centered Care Articles for Free](#)

SIG Announcements
 Midday Meeting: [Current Research and Practice Trends in Diabetes – Meet the Experts](#)
 Panel Discussion on Academic Career Transitions and Advancements in Behavioral Medicine
 Student SIG Seeks [Student Poster Presentations at SBM 2016](#)
 TTBCI SIG's [Top 10 List of 2015](#)
 Deadline Extended: [Networking/Mentorship Opportunity](#) for Grad Students & Postdocs
 Pre-Conference Seminar 17: [Design an IRB Responsive to 21st Century Research](#)

Post Doc Exchange - Assoc... x +

www.psychologicalscience.org/index.php/post-doc-exchange

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APS POSTDOC EXCHANGE

The APS Postdoc Exchange is a free resource of postdoctoral opportunities across psychological science and related disciplines around the world.

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Post-Doctoral Associate
 Qualifications Required Qualifications: Ph.D. in psychology, child psychology, family...

University of Minnesota
 Minneapolis, Minnesota
 United States
 Deadline: 04/01/2016
 Posted: 03/08/2016

Postdoc in Neuroimaging and Neuroscience at University of Georgia
 Description: The Center for Family Research (CFR) / Center for Translational and Prevention...

University of Georgia
 Athens, Georgia
 United States
 Deadline: Rolling
 Posted: 03/08/2016

[Postdoctoral Research Fellow in Experimental](#)

Step 5: Compile necessary documents

- Cover letter
- Curriculum vitae (CV)
- Research statement
 - Previous work
 - Potential new projects and/or interests
- Statement of future professional goals/plans
- Writing examples

Step 6: Seek letters of recommendation

- Faculty advisor
- Faculty familiar with your research
- Minimum is often 2-3 references, but may be best to have several additional faculty depending on positions.

Step 7: Apply

- Online
- Via email

Step 8: Interview

- Initial email contact
- Telephone or Video call (i.e., Skype)
- In-person
 - Funding considerations

Step 9: Negotiations

- Notifying other places

Step 10: Decisions

- Research project(s)
- Faculty mentor
- Future career considerations

Final things to consider

Preparation time —→ SUBSTANTIAL!

Length of position

Personal factors