Postdoctoral Fellowships in Health

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Health Psychology Colloquium
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The 3 Basic Types of Postdocs

1. Existing project, grant funded

2. Training program (also grant funded)

3. New project, apply for grant
   ➢ Institution funded, goal specific?
Step 1: Determine what area

- Public health, medical, or psychology
- General vs. specific
  - Examples: Emotion regulation, health risk behaviors, stress perceptions, etc.

Step 2: Find relevant institutions

- Faculty with related research
- Centers/Institutes
- Government facilities
- Private industry
Step 3: Contact potential faculty

- Meeting at professional conferences
- Email
- Faculty advisor introductions(?)

Step 4: Find relevant positions

1. Professional organization listserves
3. Individual university websites
4. Word of mouth
Weekly Digest: News for SBM SIG Members

This week’s additions noted in red.

Job Announcements
Exercise Neuroscience and Multiple Sclerosis Research Postdoctoral Fellowship
OBSSR, Health Scientist Administrator
Omada Health: Clinical Quality Specialist
TOS Weight Watchers: Postdoctoral Fellowship Program
University of Michigan: Postdoctoral Research Fellowship

SBM Announcements
SBM Supports FDA Rule that would Ban Those Under 18 from Indoor Tanning – You Can Too
Meet the SBM Presidents at SBM 2016 *Attendance Limited to First 84 People to RSVP
Register for SBM’s 2016 Annual Meeting
Vote for New SBM Board Members, Bylaws Amendments *Voting Ends March 10
SBM Members Can Access JAMA Patient Engagement & Patient-Centered Care Articles for Free

SIG Announcements
Midday Meeting: Current Research and Practice Trends in Diabetes – Meet the Experts
Panel Discussion on Academic Career Transitions and Advancements in Behavioral Medicine
Student SIG Seeks Student Poster Presentations at SBM 2016
TBBC SIG’s Top 10 List of 2015
Deadline Extended: Networking/Mentorship Opportunity for Grad Students & Postdocs
Pre-Conference Seminar 17: Design an IRB Responsive to 21st Century Research

APS Postdoc Exchange

The APS Postdoc Exchange is a free resource of postdoctoral opportunities across psychological science and related disciplines around the world.
Step 5: Compile necessary documents

- Cover letter
- Curriculum vitae (CV)
- Research statement
  - Previous work
  - Potential new projects and/or interests
- Statement of future professional goals/plans
- Writing examples

Step 6: Seek letters of recommendation

- Faculty advisor
- Faculty familiar with your research
- Minimum is often 2-3 references, but may be best to have several additional faculty depending on positions.
Step 7: Apply
- Online
- Via email

Step 8: Interview
- Initial email contact
- Telephone or Video call (i.e., Skype)
- In-person
  - Funding considerations

Step 9: Negotiations
- Notifying other places

Step 10: Decisions
- Research project(s)
- Faculty mentor
- Future career considerations
Final things to consider

Preparation time → SUBSTANTIAL!

Length of position

Personal factors